

BEHAVIORAL HEALTH EQUITY: scale of impact

Behavioral health conditions are on the rise,¹ and stark disparities exist that are disproportionately affecting marginalized groups—especially people of color. The first step in providing support for your workforce is grasping the extent of behavioral health disparities.



\$16T

Mental health conditions are projected to contribute to \$16 trillion in lost productivity by 2030.²

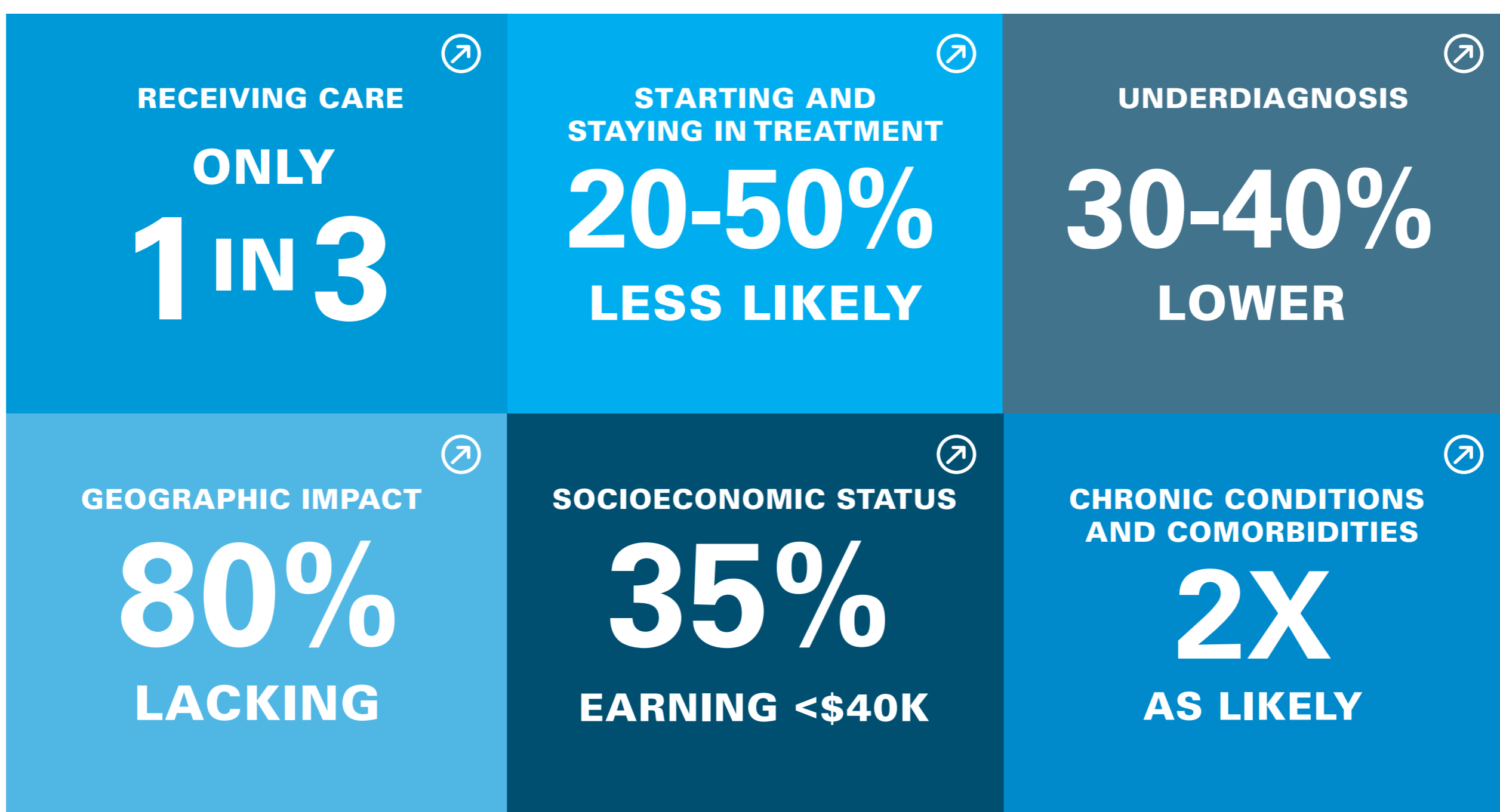
↑ 3X

Estimates show that those of the lowest socioeconomic status are up to 3X more likely to have a mental health condition.³

63%

63% of Black adults believe that a mental health condition is a sign of personal weakness, which could lead those with a mental health challenge to worry about discrimination.⁴

Take a closer look at the staggering scope of behavioral health disparities across racial, socioeconomic and geographic groups.



Impact on employers



With people of color projected to make up over half of the U.S. population by 2050,¹⁹ persistence of behavioral health disparities among diverse segments of the workforce could have significant impacts on businesses. Depression is one condition in particular that has massive cost implications both to the well-being of the workforce and to organizations.

Addressing behavioral health is good business.

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LOST PRODUCTIVITY
\$1T

HIGHER MONTHLY COST
\$560

Advancing behavioral health equity takes all of us.

There's much more to learn about the different groups affected by behavioral health disparities, key contributing factors and strategies for employers to change the tide for their workforce. Download our latest Health Equity mini-eMagazine and join the journey to make healthcare more equitable at smarterbetterhealthcare.com.

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