

Corporate Medical Policy

Implantable Bone Conduction Hearing Aids

File Name: implantable_bone_conduction_hearing_aids
Origination: 6/2006
Last Review: 2/2024

Description of Procedure or Service

Sensorineural, conductive, and mixed hearing loss may be treated with various devices, including conventional air-conduction (AC) or bone-conduction external hearing aids. Air conduction hearing aids may not be suitable for individuals with chronic middle ear and ear canal infections, atresia of the external canal, or an ear canal that cannot accommodate an ear mold. Bone-conduction hearing aids function by transmitting sound waves through the bone to the ossicles of the middle ear and may be useful for individuals with conductive hearing loss, or (if used with contralateral routing of signal), for unilateral sensorineural hearing loss. Implantable, bone-anchored hearing aids (BAHA) that use a percutaneous or transcutaneous connection to a sound processor have been investigated as alternatives to conventional bone-conduction hearing aids for individuals with conductive or mixed hearing loss or in individuals with unilateral single-sided sensorineural hearing loss.

Hearing loss is described as conductive, sensorineural, or mixed, and can be unilateral or bilateral. Normal hearing is the detection of sound at or below 20 decibels (dB). The American Speech-Language-Hearing Association has defined the degree of hearing loss based on pure-tone average (PTA) detection thresholds as mild (20 to 40 dB), moderate (40 to 60 dB), severe (60 to 80 dB), and profound (greater or equal to 80 dB). PTA is calculated by averaging the hearing sensitivities (i.e., the minimum volume that the individual hears) at multiple frequencies (perceived as pitch), typically within the range of 0.25 – 8 kHz.

Sound amplification through the use of an air-conduction (AC) hearing aid can provide benefit to individuals with sensorineural or mixed hearing loss. Contralateral routing of signal (CROS) is a system in which a microphone on the affected side transmits a signal to an air-conduction hearing aid on the normal or less affected side.

External bone conduction hearing devices function by transmitting sound waves through the temporal bone directly to the inner ear (cochlea). The external devices must be closely applied to the temporal bone, with either a steel spring over the top of the head or with the use of a spring-loaded arm on a pair of spectacles. These devices may be associated with either pressure headaches or soreness.

The BAHA implant system works by combining a vibrational transducer coupled directly to the skull via a small titanium implant anchored in the temporal bone. The system is based on the process of “osseointegration” through which living tissue integrates with titanium in the implant over a period of 3 to 6 months, allowing amplified and processed sound to be conducted via the skull bone directly to the cochlea. The lack of intervening skin permits the transmission of vibrations at a lower energy level than required for external bone-conduction hearing aids. Implantable bone-conduction hearing systems are primarily indicated for individuals with conductive or mixed sensorineural/conductive hearing loss. They may also be used with CROS as an alternative to an air-conduction hearing aid for individuals with unilateral sensorineural hearing loss.

Partially implantable magnetic bone conduction hearing systems, also referred to as transcutaneous bone-anchored systems, are an alternative to bone conduction hearing systems that connect to bone percutaneously via an abutment. With this technique, acoustic transmission occurs transcutaneously via magnetic coupling of the external sound processor and the internally implanted device components. The bone conduction hearing processor contains magnets that adhere externally to magnets implanted

Implantable Bone Conduction Hearing Aids

in shallow bone beds with the bone conduction hearing implant. Since the processor adheres magnetically to the implant, there is no need for a percutaneous abutment to physically connect the external and internal components. To facilitate greater transmission of acoustics between magnets, skin thickness may be reduced to 4-5 mm over the implant when it is surgically placed.

Regulatory Status

Several Baha® hearing systems manufactured by Cochlear Americas (Englewood, CO) have received 510(k) clearance from the U.S. Food and Drug Administration (FDA):

- Baha 6 System
- BA310 Abutment, BIA310 Implant/Abutment
- Baha 5 Power Sound Processor
- Baha 5 Super Power Sound Processor
- Baha® 5 Sound Processor
- Baha® Attract System
- Baha® Cordelle II
- Baha Divino®
- Baha Intenso® (digital signal processing)
- Baha® 4 (upgraded from the BP100)

Other implantable bone-conduction hearing systems that rely on an abutment and have similar indications as the Cochlear Americas' Baha devices:

- OBC Bone Anchored Hearing Aid System (Oticon Medical, Askim, Sweden).
- Ponto Bone Anchored Hearing System (Oticon Medical).
- Ponto 5 SuperPower
- Ponto 4
- Ponto 3, Ponto 3 Power, and Ponto 3 SuperPower

The FDA cleared the majority of these system for use in children aged 5 years and older and adults for the following indications:

- Patients who have conductive or mixed hearing loss and can still benefit from sound amplification;
- Patients with bilaterally symmetric conductive or mixed hearing loss may be implanted bilaterally;
- Patients with sensorineural deafness in one ear and normal hearing in the other (i.e., single-sided deafness, SSD);
- Patients who are candidates for an air-conduction contralateral routing of signals (AC CROS) hearing aid but who cannot or will not wear an AC CROS device.

BAHA sound processors can also be used with the BAHA Softband™. With this application there is no implantation surgery. The sound processor is attached to the head using either a hard or soft headband. The amplified sound is transmitted transcutaneously to the bones of the skull for transmission to the cochlea. The BAHA Softband™ received FDA clearance in 2002 for use in children under the age of 5. As this application has no implanted components, it is not addressed in the policy.

The most recently cleared Osia System and Osia™2 Sound Processor (Cochlear™) may be used by adults and children 12 years of age and older with conductive hearing loss, mixed hearing loss, and single-sided sensorineural deafness.

Three partially implantable magnetic bone conduction devices that have received 510(k) clearance from the FDA are:

- BoneBridge™ (MedEl, Innsbruck, Austria)

Implantable Bone Conduction Hearing Aids

- Otomag Bone Conduction Hearing System (Sophono, Boulder, CO; now Medtronic, Minneapolis, MN), and
- Cochlear Baha® 4 Sound Processor (Cochlear Americas, Centennial, CO)

The SoundBite™ Hearing System (Sonitus Medical, Inc., San Mateo, CA) is an intraoral bone conducting hearing prosthesis that consists of a behind-the-ear microphone and an in-the-mouth hearing device. In 2011, it was cleared for marketing by FDA through the 510(k) process for indications similar to the BAHA. Sonitus Medical closed in 2015.

Related Policies:

Cochlear Implant

Semi-implantable and Fully Implantable Middle Ear Hearing Aid

*****Note: This Medical Policy is complex and technical. For questions concerning the technical language and/or specific clinical indications for its use, please consult your physician.**

Policy

BCBSNC will provide coverage for the Implantable Bone Conduction Hearing Aid when it is determined to be medically necessary because the medical criteria and guidelines shown below are met.

Benefits Application

This medical policy relates only to the services or supplies described herein. Please refer to the Member's Benefit Booklet for availability of benefits. Member's benefits may vary according to benefit design; therefore member benefit language should be reviewed before applying the terms of this medical policy.

When Implantable Bone Conduction Hearing Aids are covered

Unilateral or bilateral fully or partially implantable bone-conduction (bone-anchored) hearing aid(s) may be considered medically necessary as an alternative to an air-conduction hearing aid in individuals 5 years of age and older (12 years of age and older for the Osia device) with a conductive or mixed hearing loss who also meet at least one of the following medical criteria:

- Congenital or surgically induced malformations (e.g., atresia) of the external ear canal or middle ear; or
- Chronic external otitis or otitis media; or
- Tumors of the external canal and/or tympanic cavity; or
- Dermatitis of the external canal;

and meet the following audiologic criteria:

- A pure tone average bone-conduction threshold measured at 0.5, 1, 2, and 3 kHz of better than or equal to 45 dB (OBC and BP100 devices), 55 dB (Intenso and Osia devices) or 65 dB (Cordele II device).

For bilateral implantation, individuals must meet the above audiologic criteria, and have a symmetrically conductive or mixed hearing loss as defined by a difference between left and right side bone conduction threshold of less than 10 dB on average measured at 0.5, 1, 2 and 3 kHz (4 kHz for OBC and Ponto Pro), or less than 15 dB at individual frequencies.

An implantable bone-conduction (bone-anchored) hearing aid may be considered medically necessary as an alternative to an air-conduction CROS hearing aid in individuals 5 years of age and older (12 years of age and older for the Osia device) with single-sided sensorineural deafness and normal hearing

Implantable Bone Conduction Hearing Aids

in the other ear. The pure tone average air conduction threshold of the normal ear should be better than 20 dB measured at 0.5, 1, 2, and 3 kHz.

When Implantable Bone Conduction Hearing Aids are not covered

Other uses of implantable bone-conduction (bone-anchored) hearing aids, including use in individuals with bilateral sensorineural hearing loss, are considered **investigational**.

Non-implantable, intraoral bone conduction hearing aids are considered investigational.

Policy Guidelines

Individuals (or caregivers) must be able to perform proper hygiene to prevent infection and ensure the stability of the implants and percutaneous abutments.

For individuals who have conductive or mixed hearing loss who receive an implantable BAHA with a percutaneous abutment or a partially implantable BAHA with transcutaneous coupling to the sound processor, the evidence includes observational studies that report pre-post differences in hearing parameters after treatment with BAHAs. Relevant outcomes are functional outcomes, quality of life, and treatment-related morbidity. No prospective trials were identified. Observational studies reporting on within-subjects changes in hearing have generally reported hearing improvements with the devices. Given the objectively measured outcomes and the largely invariable natural history of hearing loss in individuals who would be eligible for an implantable bone-conduction device, the demonstrated improvements in hearing after device placement can be attributed to the device. Studies of partially implantable bone-anchored hearing aids have similarly demonstrated within-subjects improvements in hearing. The single-arm studies have shown improvements in hearing in the device-aided state. No direct comparisons other than within-individual comparisons with external hearing aids were identified, but, for individuals unable to wear an external hearing aid, there may be few alternative treatments. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who have unilateral sensorineural hearing loss who receive a fully or partially implantable bone-anchored hearing aid with contralateral routing of signal, the evidence includes a randomized controlled trial (RCT), multiple prospective and retrospective case series, and a systematic review. Relevant outcomes are functional outcomes, quality of life, and treatment-related morbidity. Single-arm case series, with sample sizes ranging from 9 to 180 patients, generally have reported improvements in patient-reported speech quality, speech perception in noise, and satisfaction with bone conduction devices with contralateral routing of signal. However, a well-conducted systematic review of studies comparing bone-anchored devices to hearing aids with contralateral routing of signal found no evidence of improvement in speech recognition or hearing localization. The single RCT included in the systematic review was a pilot study enrolling only 10 patients and, therefore, does not provide definitive evidence. Quality RCTs on BAHA for unilateral sensorineural hearing loss are lacking. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

The available evidence evaluating the use of intraoral bone conduction hearing aids consists of nonrandomized trials involving small samples and short-term follow-up.

Billing/Coding/Physician Documentation Information

This policy may apply to the following codes. Inclusion of a code in this section does not guarantee that it will be reimbursed. For further information on reimbursement guidelines, please see Administrative Policies on the Blue Cross Blue Shield of North Carolina web site at www.bcsnc.com. They are listed in the Category Search on the Medical Policy search page.

Implantable Bone Conduction Hearing Aids

Applicable codes: 69710, 69711, 69714, 69716, 69717, 69719, 69726, 69727, 69728, 69729, 69730, 92622, 92623, L8625, L8690, L8691, L8692, L8693, L8694

BCBSNC may request medical records for determination of medical necessity. When medical records are requested, letters of support and/or explanation are often useful, but are not sufficient documentation unless all specific information needed to make a medical necessity determination is included.

Scientific Background and Reference Sources

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 9/27/05

ECRI Hotline Response - Bone-Anchored Hearing Aid Implants (09/15/2005) retrieved on 1/19/06 from http://www.ta.ecri.org/Hotline/Prod/summary/detail.aspx?e=6&doc_id=7918&q=Implantable+bone+anchored+hearing+aid&anm

Specialty Matched Consultant Advisory Panel review - 6/2006

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 12/12/06

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 8/2/07

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 9/18/07

Specialty Matched Consultant Advisory Panel review - 6/23/08

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 10/07/08.

Dumper J, Hodgetts B, Liu R, Brandner N. Indications for bone-anchored hearing AIDS: a functional outcomes study. *J Otolaryngol Head Neck Surg.* 2009 Feb;38(1):96-105.

Baguley DM, Bird J, Humphriss RL, Prevost AT. The evidence base for the application of contralateral bone anchored hearing aids in acquired unilateral sensorineural hearing loss in adults. *Clin Otolaryngol* 2006 Feb;31(1):6-14.

Kunst SJ, Hol MK, Mylanus EA, Leijendeckers JM, Snik AF, Cremers CW. Subjective benefit after BAHA system application in patients with congenital unilateral conductive hearing impairment. *Otol Neurotol.* 2008 Apr;29(3):353-58.

Kunst SJ, Leijendeckers JM, Mylanus EA, Hol MK, Snik AF, Cremers CW. Bone-anchored hearing aid system application for unilateral congenital conductive hearing impairment: audiometric results. *Otol Neurotol.* 2008 Jan;29(1):2-7.

Newman CW, Sandridge SA, Wodzisz LM. Longitudinal benefit from and satisfaction with the BAHA system for patients with acquired unilateral sensorineural hearing loss. *Otol Neurotol.* 2008 Dec;29(8):1123-31.

Hol MK, Spath MA, Krabbe PF, van der Pouw CT, Snik AF, Cremers CW, Mylanus EA. The bone-anchored hearing aid: quality-of-life assessment. *Arch Otolaryngol Head Neck Surg.* 2004 Apr;130(4):394-9.

Andersen HT, Schroder SA, Bonding P. Unilateral deafness after neuroma surgery: subjective hearing handicap and the effect of the bone-anchored hearing aid. *Otol Neurotol.* 2006 Sep;27(6):809-14.

Yuen HW, Bodmer D, Smilsky K, Nedzelski JM, Chen JM. Management of single-sided deafness with the bone-anchored hearing aid. *Otolaryngol Head Neck Surg.* 2009 Jul;141(1):16-23.

Hol MK, Bosman AJ, Snik AF, Mylanus EA, Cremers CW. Bone-anchored hearing aids in unilateral inner ear deafness; an evaluation of audiometric and patient outcome measurements. *Otol Neurotol.* 2005 Sept;26(5):999-1006.

Senior Medical Director review - 9/09

Implantable Bone Conduction Hearing Aids

BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 1/13/2011
Specialty Matched Consultant Advisory Panel review – 2/29/12
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 3/8/2012
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 1/10/2013
Specialty Matched Consultant Advisory Panel review – 2/20/13
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 1/9/2014
Specialty Matched Consultant Advisory Panel review – 2/25/14
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 1/15/2015
Specialty Matched Consultant Advisory Panel review – 2/25/15
Specialty Matched Consultant Advisory Panel review – 2/24/16
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 3/10/2016
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 7/14/2016
Specialty Matched Consultant Advisory Panel review – 2/22/17
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 2/9/2017
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 2/8/2018
Specialty Matched Consultant Advisory Panel review – 2/28/2018
Specialty Matched Consultant Advisory Panel review – 2/20/2019
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 2/14/2019
Specialty Matched Consultant Advisory Panel review – 2/2020
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 2/13/2020
Specialty Matched Consultant Advisory Panel review – 2/2021
BCBSA Medical Policy Reference Manual [Electronic Version]. 7.01.03, 2/11/2021
Specialty Matched Consultant Advisory Panel review – 2/2022
Specialty Matched Consultant Advisory Panel review – 2/2023
Medical Director Review- 2/2024
Specialty Matched Consultant Advisory Panel review – 2/2024

Policy Implementation/Update Information

6/19/06	New policy issued. Policy will be effective 7/1/06. Specialty Matched Consultant Advisory Panel review 6/1/06.
1/3/07	HCPCS codes L8690 and L8691 effective January 1, 2007 added to Billing/Coding section. (pmo)
6/18/07	CPT codes 69717 and 69718 added to Billing/Coding section. Reference source added. (pmo)
7/28/08	Specialty Matched Consultant Advisory Panel review 6/23/08. Reference sources added. No changes to criteria. (pmo)
9/22/08	Under “When Not Covered”, removed “sensorineural” from statement “The use of an implantable bone conduction hearing aid in persons with single-sided deafness (unilateral

Implantable Bone Conduction Hearing Aids

- sensorineural deafness in one ear while the other ear has serviceable hearing) is considered not medically necessary.” Notification given 9/22/08. Effective date 12/29/08. (pmo)
- 10/26/09 Reference sources added. No changes to criteria. (pmo)
- 1/5/2010 HCPCS code L8692 effective January 1, 2010 added to Billing/Coding section. (pmo)
- 6/22/10 Policy Number(s) removed. (amw)
- 7/6/2010 Specialty Matched Consultant Advisory Panel review 5/24/10. No change to policy statement or coverage criteria. (adn)
- 1/04/11 Added HCPCS code L8693 to the Billing/Coding section. (adn)
- 3/29/11 Description section revised. Coverage criteria in the When Covered section was changed to read: “Unilateral or bilateral implantable bone-conduction (bone-anchored) hearing aid(s) may be considered medically necessary as an alternative to an air-conduction hearing aid in patients 5 years of age and older with a conductive or mixed hearing loss who also meet at least one of the following medical criteria: Congenital or surgically induced malformations (e.g., atresia) of the external ear canal or middle ear; or Chronic external otitis or otitis media; or Tumors of the external canal and/or tympanic cavity; or Dermatitis of the external canal; and meet the following audiologic criteria: A pure tone average bone-conduction threshold measured at 0.5, 1, 2, and 3 kHz of better than or equal to 45 dB (OBC and BP100 devices), 55 dB (Intenso device) or 65 dB (Cordele II device). For bilateral implantation, patients should meet the above audiologic criteria, and have a symmetrically conductive or mixed hearing loss as defined by a difference between left and right side bone conduction threshold of less than 10 dB on average measured at 0.5, 1, 2 and 3 kHz, or less than 15 dB at individual frequencies. An implantable bone-conduction (bone-anchored) hearing aid may be considered medically necessary as an alternative to an air-conduction CROS hearing aid in patients 5 years of age and older with single-sided sensorineural deafness and normal hearing in the other ear. The pure tone average air conduction threshold of the normal ear should be better than 20 dB measured at 0.5, 1, 2 and 3 kHz.” Information in the When Not Covered section was replaced with the following: “An implantable bone conduction hearing aid is not covered for indications other than those listed above. The use of bilateral bone-anchored hearing aids in patients with bilateral sensorineural hearing loss is considered investigational.” Policy Guidelines updated. Added CPT codes 69710 and 69711 to the Billing/Coding section. Specialty Matched Consultant Advisory Panel 2/23/11. (adn)
- 3/30/12 Specialty Matched Consultant Advisory Panel 2/29/12. Policy guidelines updated.(sk)
- 3/12/13 Reference added. Added investigational policy statement for partially implantable hearing systems. Added information on partially implantable hearing system, OBC, and Ponto Pro to Description section. Updated Policy Guidelines to include information on partially implantable hearing systems. Specialty Matched Consultant Advisory Panel review 2/20/13. Notification given 3/12/13. Policy effective 6/11/13. (sk)
- 10/28/14 Reference added. Specialty Matched Consultant Advisory Panel review 2/25/14. Added “magnetic” and “BAHA Attract” to last Policy statement. Revised paragraph related to partially implantable magnetic bone conduction hearing systems in Description section. Added information regarding intra-oral bone conduction hearing aids. “Non-implantable, intraoral bone conduction hearing aids are considered investigational” added to When Not Covered statement. Notification given 10/28/2014 for effective date 12/30/2014. (sk)
- 3/10/15 Reference added. Specialty Matched Consultant Advisory Panel review 2/25/2015. (sk)
- 4/1/16 Specialty Matched Consultant Advisory Panel review 2/24/2016. Related Guideline removed. (sk)

Implantable Bone Conduction Hearing Aids

- 5/31/16 Reference added. Description section and Policy Guidelines updated. (sk)
- 8/30/16 Reference added. Policy Guidelines updated. Policy statements changed to remove investigational statement for partially implantable devices. (sk)
- 10/25/16 Under Benefits Application section, added statements “This health benefit plan provides coverage for **MEDICALLY NECESSARY** hearing aids, including implantable bone-anchored hearing aids (BAHA), and related services that are ordered by a **DOCTOR** or a licensed audiologist for each **MEMBER** under the age of 22. Benefits are provided for one hearing aid per hearing-impaired ear, and replacement hearing aids when alterations to an existing hearing aid are not adequate to meet the **MEMBER’S** needs. This benefit is limited to once every 36 months for **MEMBERS** under age 22. Benefits are also provided for the evaluation, fitting, and adjustments of hearing aids or replacement of hearing aids, and for supplies, including ear molds.” Notification given 10/25/2016 for policy effective date 12/30/16. (sk)
- 3/31/17 Specialty Matched Consultant Advisory Panel review 2/22/2017. (sk)
- 6/30/17 Reference added. (sk)
- 12/29/17 L8694 added to Billing/Coding section for effective date 1/1/2018. (sk)
- 3/9/18 L8625 added to Billing/Coding section. Reference added. Specialty Matched Consultant Advisory Panel review 2/28/2018. (sk)
- 3/12/19 Specialty Matched Consultant Advisory Panel review 2/20/2019. (sk)
- 4/16/19 Reference added. (sk)
- 3/10/20 Specialty Matched Consultant Advisory Panel review 2/19/2020. (sk)
- 12/31/20 Reference added. Description section updated. Policy Guidelines section updated. (sk)
- 7/13/21 Specialty Matched Consultant Advisory Panel review 2/17/2021. (sk)
- 12/30/21 Reference added. Codes 69716, 69719, 69726, and 69727 added to Billing/Coding section. (sk)
- 3/8/22 Specialty Matched Consultant Advisory Panel review 2/16/2022. (sk)
- 12/30/22 Added codes 69728, 69729, 69730 to Billing/Coding section. (sk)
- 3/7/23 The following was removed from the Benefits Application section: “This health benefit plan provides coverage for **MEDICALLY NECESSARY** hearing aids, including implantable bone-anchored hearing aids (BAHA), and related services that are ordered by a **DOCTOR** or a licensed audiologist for each **MEMBER** under the age of 22. Benefits are provided for one hearing aid per hearing-impaired ear, and replacement hearing aids when alterations to an existing hearing aid are not adequate to meet the **MEMBER’S** needs. This benefit is limited to once every 36 months for **MEMBERS** under age 22. Benefits are also provided for the evaluation, fitting, and adjustments of hearing aids or replacement of hearing aids, and for supplies, including ear molds”. Specialty Matched Consultant Advisory Panel review 2/15/2023. (sk)
- 12/29/23 Added the following CPT codes to the Billing/Coding section: 92622 and 92623, effective 1/1/2024. (ldh)
- 3/20/24 Regulatory Status, Policy Guidelines and References updated. No change to policy intent. Clarified When Covered section by adding the individual’s age and pure tone average bone-conduction threshold measurement for the OSIA device per the FDA approval. Terminated CPT codes 69715 and 69718 removed from Billing/Coding section. Specialty Matched Consultant Review 2/2024. Medical Director review 2/2024. (ldh)

Implantable Bone Conduction Hearing Aids

Medical policy is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the group contract and subscriber certificate that is in effect at the time services are rendered. This document is solely provided for informational purposes only and is based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. Medical practices and knowledge are constantly changing and BCBSNC reserves the right to review and revise its medical policies periodically.